

Thursday February 5, 2009

Evening Welcome Reception 6:30-9:30pm- -all invited

Friday February 6, 2009 Morning Session

6:30-7:00 Registration and Continental Breakfast

7:00-7:15 Welcome and Introduction-Mazzocca

NESES invited Guests

Dr Evan Flatow MD-Mount Sinai Medical Center, New York, NY

Dr Anthony A Romeo MD-Rush Presbyterian, Chicago, IL

Dr William Mallon- Durham, NC/Sandwich NH

Dr Robert Hotchkiss MD-Hospital for Special Surgery New York, NY

Dr Giuseppe Porcellini MD-Cattolica, Italy

7:15-8:15 Elbow 1

Provocateur: Ring **Panel:** Hotchkiss, Jupiter, Shafritz, Caputo, Steinman, Ross

Debatable Issues:

Distal third diaphyseal humerus fractures are best treated with a functional brace

Most people don't need their distal biceps repaired

In situ ulnar nerve decompression is best

Elbow Case Discussions: (Please bring cases or email to dring@partners.org)

Isolated stable radial head fracture

From Left Field:

Elbow stiffness results from squeamishness

8:15-8:30 *** Coffee Break Visit Vendors*******

8:30-10:00 DJD Shoulder

8:30-9:15 The Glenoid-The real problem with total shoulders

(10) Decision making with the respect to the glenoid-Flatow

(15) Debate Keeled (Romeo) vs Pegged (Warner) Glenoids

(10) Bone loss and version problems with the glenoid (Higgins)

(10) Discussion and arguments

9:15-9:45 Painful problems associated with Arthroplasty

(10)Hemicap (Schepsis) vs (10)Formal Hemiarthroplasty (Flatow) for DJD in the young

(10) Infection and pain post op (Macy)

(10)Case Presentations and Discussion

8:15-8:45 Reverse Ball and Socket for Cuff Tear Arthropathy

(5)Does Lateral offset doom the reverse to failure-(Romeo)

(5)Deltoid and Subscap Deficiency in the revers-(Porcellini)

(5)Discussion and Argument

10:00am -3:00 pm Ski and Enjoy

Friday February 6, 2009 Afternoon Session

3:00-4:00pm Elbow 2

Provocateur: Ring **Panel:** Hotchkiss, Jupiter, Kimball, Caputo, Tolo, Sethi, Bernstein

Debatable Issues:

Now that we have excellent operative techniques, why wait so long to release stiff elbow or operate on lateral epicondylitis?

Rheumatoid elbow surgery is disappearing

The hinged elbow fixator is a thing of the past

Elbow Case Discussions: (Please bring cases or email to dring@partners.org)

Chronic biceps tear

Fascial interposition arthroplasty

From Left Field:

Pronator and radial tunnel syndromes are social constructs

Partial biceps tear is a misnomer

4:00-4:15 BREAK and Visit Vendors

4:15-4:45 **NESES Invited Presidential Shoulder and Elbow Society Address-Dr Evan Flatow**

4:50-5:10 **NESES Invited Elbow Lecture-Dr Robert Hotchkiss**

5:10-5:30 **NESES Invited History Lecture-History of the Journal of Shoulder and Elbow Surgery-Dr William Mallon**

5:30-5:50 **NESES Invited European Shoulder Lecture-Dr Giuseppe Porcellini**

6:00-7:00 Cocktail Hour Open Bar All Invited-Vendor Area

7:00-9:30 Dinner All Invited-Main Lodge

10:00-12:00 Party with Band-All invited

Saturday February 7, 2009 Morning Session

- 6:30-7:00 Continental Breakfast and Announcements
- 7:00-7:45 **How to avoid complications and failures with Instability surgery**
- (7) Pain after anterior shoulder surgery-Arciero
 - (7) Bone loss of the humerus-Busconi
 - (7) SLAP and Biceps in overhead laborer-Alberta
 - (5) Discussion and Arguments-Bring cases to discuss
- Rotator Cuff Repair-Difficult Problems in Rotator Cuff Repair**
- (5) Arthroscopic Suprascapular Nerve Release-Romeo
 - (5) Anterosuperior Rotator Cuff Tears-Green
 - (5) Evidenced based medicine-Rotator cuff repair
(words from Vanderbilt)-Deangelis

7:45-8:45 Elbow 3

Provocateur: Ring **Panel:** Hotchkiss, Cassidy, Alberta, Caputo, Mastella, Mullins

Debatable Issues:

- Distal humerus fractures:
- Olecranon osteotomy is be avoided when possible
- Parallel plating is better than perpendicular plating
- Is it possible to NOT transpose the ulnar nerve?

From Left Field:

- MCL insufficiency in young throwers is overdiagnosed and is in part a psychological illnesses

Invited Lecture: Jesse Jupiter

Nonunions of the Upper Extremity

8:45-9:00 Break Visit Vendors

HOW I DO IT

- 9:00-9:10 ORIF Coronoid Fractures-Steinman
- 9:10-9:20 Percutaneous ORIF of Proximal Humerous Fractures-Flatow
- 9:20-9:30 Terrible Triad-Hotchkiss
- 9:30-9:40 Calcific Tendinitis-Porcellini
- 9:40-9:50 Revision Rotator Cuff tears-Romeo
- 9:50-10:00 Discussion

10:00-3:30 Ski and Enjoy

1:00 **State vs State Ski/Snowboard Race (Macy)**
Tandem Course

All Ages and abilities encouraged to participate

Saturday February 7, 2009 Afternoon Session

3:00-3:30 **Indications, Complications and “worst” Case Presentations Apres Ski w/ cocktails**

3:30-6:00 Pro vs Con 5 min debate
Moderator-Mazzocca

Panel- Hotchkiss, Romeo, Warner, Green, Flatow, Steinman, Caputo, Mallon

1. Grade III AC separation in athlete OR (Nissen 5 min) vs no OR acute (Veltri 5 min)-Discussion 5 min
2. 50y.o. with adhesive capsulitis and a complete supraspinatus tear (Stage with release then repair-Johnson 5 min) VS release and repair at the same time-(Parsons 5 min)-Discussion 5 min
3. 18 y.o. athlete with 25% anterior glenoid loss and 10% Hill Sachs bone graft and open Bankart (Endrizzi) vs Arthroscopic(Murray) -discussion 5 min
4. Massive Revision rotator cuff tear; I fix with a patch (Alberta 5 min) vs Muscle transfer (Sethi 5min)
5. Biceps tenodesis (Olson 5 min) vs biceps tenotomy (Anbari 5 min)

4:45-5:00 Break and Visit Vendors

5:00-600pm Elbow 4

Provocateur: Ring **Panel:** Hotchkiss, Cassidy, Steinman, Jupiter, Caputo, Kimball
Debatable issues:

Elbow fracture-dislocations: No need to repair the MCL

Simple isolated capitellum fractures are more common than coronal shear fractures

Elbow Case Discussions: (Please bring cases or email to dring@partners.org)

Lateral collateral ligament insufficiency

Nonoperative treatment of elbow fracture-dislocations

Heterotopic ossification after trauma

From Left Field:

Lateral epicondylitis is just one of the self-limiting enthesopathies of middle age.

6:00-7:00 Cocktail Hour Open Bar All Invited

7:00-9:30 Dinner All Invited

Sunday February 8, 2009 Morning and Final Session

6:30-7:00 Continental Breakfast and Announcements

7:00-8:00 **NESES Meeting**

Treasurer State of the Union

Website-on line registration -Alberta

How to Improve

Outcomes Research

Fellowship Interviews

Executive Board (12 members to help define the vision)

8:00-10:00 Resident and Fellow Presentations